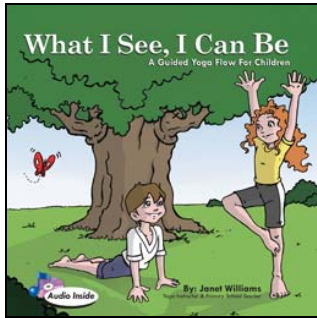
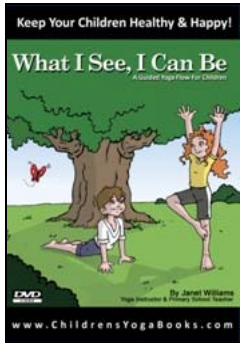


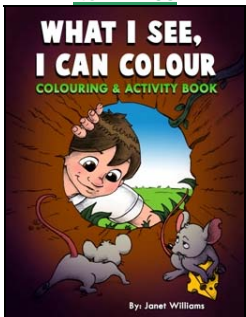
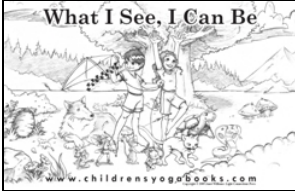





Product	Description	
<p><b>Item # 101</b></p> 	<p><b>Hard Cover Story Book &amp; Follow Along Audio CD</b></p> <ul style="list-style-type: none"> <li>Hard cover 32 page Picture Book 8.5"x8.5". Comes with 30 minute CD.</li> <li>Perfect for teachers and parents to provide children with a safe &amp; fun yoga workout or DPA activity. Appropriate for Ages 3-9.</li> <li>Children in book demonstrate yoga positions, while exploring nature.</li> <li>Printed in Canada on Environmentally Friendly FSC Certified Paper.</li> </ul> <p><b>CD</b></p> <ul style="list-style-type: none"> <li>Use CD separately or as a follow-along book to encourage young readers. After 20 minute workout, music plays for 10 minutes for calm transitioning.</li> </ul>	
<p><b>Item# 102</b></p> 	<p><b>DVD</b></p> <ul style="list-style-type: none"> <li>Follow Along DVD.</li> <li>20 minute workout with relaxing music.</li> <li>After the workout, a 10 minute relaxation session follows to allow for calm transitioning.</li> <li>Made in Canada.</li> </ul>	<p><b>Item# 103</b></p>  <p><b>Full Size Poster</b></p> <ul style="list-style-type: none"> <li>Full Size Glossy Poster.</li> <li>Excellent for instruction.</li> <li>Children will feel inspired when they see the poster &amp; will be able to easily do poses safely.</li> <li>24" x 36".</li> <li>Printed in Canada on Environmentally Friendly FSC Certified Paper.</li> </ul>
<p><b>Item# 107</b></p>  <p>Manual is 73 pages and contains helpful resources for teachers and adults.</p>	<p><b>Teacher's Resource Materials</b></p> <ul style="list-style-type: none"> <li>Yoga Do's &amp; Don'ts.</li> <li>Get the Most Out of Your Classroom's Yoga Experience.</li> <li>Tools &amp; Activities for School Curriculum.</li> <li>Black Line Masters.</li> </ul>	<p><b>Item # 105</b></p>  <p><b>Colouring &amp; Activity Book</b></p> <ul style="list-style-type: none"> <li>Soft cover.</li> <li>Fun activities &amp; pages to colour.</li> <li>8.5" x 11", 20 pages.</li> <li>Printed in Canada on Environmentally Friendly FSC Certified Paper.</li> </ul>
<p><b>Item# 106</b></p> 	<p><b>Children's Colour-Me Poster</b></p> <ul style="list-style-type: none"> <li>Oversized Black &amp; White Poster 11" x 17".</li> <li>Printed in Canada on Environmentally Friendly FSC Certified Paper.</li> </ul>	<p><b>Item# 300</b></p>  <p><b>Total Relaxation CD</b></p> <ul style="list-style-type: none"> <li>This peaceful visualization is delivered in harmony with serene music.</li> <li>Experience relaxation from head to toe.</li> </ul>
<p><b>Item# VP2</b></p> 	<p><b>Fitness &amp; Fun Bundle*</b></p> <ul style="list-style-type: none"> <li>✓ 101 Book &amp; CD</li> <li>✓ 102 DVD</li> <li>✓ 103 Full Poster</li> <li>✓ 105 Colouring Book</li> <li>✓ 106 Colour-Me Poster</li> </ul> <p><i>*Best Value for Families</i></p>	<p><b>Item# VP3</b></p>  <p><b>Teacher's Value Pack*</b></p> <ul style="list-style-type: none"> <li>✓ 101 Book &amp; CD</li> <li>✓ 102 DVD</li> <li>✓ 103 Full Poster</li> <li>✓ 105 Colouring Book</li> <li>✓ 106 Colour-Me Poster</li> <li>✓ 107 Teacher Materials</li> </ul> <p><i>*Best Value for Teachers</i></p>